

**Town of Keene
Aging in Place Task Force
Senior Resources
November 1, 2022**

EMERGENCIES		
FIRE, POLICE, AMBULANCE	9-1-1	9-1-1
Emergency Room Elizabethtown	Elizabethtown	518-873-6377
Emergency Room Lake Placid	Lake Placid (8:00 AM- 8:00 PM)	518-523-8510
Emergency Room Saranac Lake	Saranac Lake	518-897-2557
Poison Control Hotline	Poisoning and Immediate Assistance	800-222-1222
National Suicide Lifeline	Support in Mental Health Crisis	800-273-8255 or Text 988 in an emergency
Essex County Animal AbuseLine	Reporting of Animal Abuse	844-473-7763
NYSEG	Report Outage	800-572-1131
NYSEG	Natural Gas Emergency	800-572-1121
Verizon	Report Outage	800-837-4966
Essex County Sheriff	Non-Emergency	518-873-6970
NY State Troopers	Non-Emergency	518-897-2000
DEC - Department of Environmental Conservation	To report a lost person or forest fire to a Forest Ranger:	833-697-7264
	To report a violation of hunting, fishing or other environmental laws to an Environmental Conservation Officer:	844-332-3267 https://www.dec.ny.gov/about/259.html
Where to Turn - Essex County Resource Directory	Comprehensive List of Services for Seniors and Other Populations in Essex County-PDF Download	essexcountyny.gov/office-for-the-aging/
ADK Enterprise Resource Directory	Good list of Community Resources and Other Area Activities	www.adirondackdailyenterprise.com/special-sections

MEDICAL SERVICES		
Mountain Health Clinic	Keene	518-576-9771 www.adirondackhealth.org/location/health-centers#keene
Adirondack Medical Center	Lake Placid and Saranac Lake	518-891-4141 www.adirondackhealth.org
Elizabethtown Community Health Center	University of Vermont Health Network	(518) 873-6896 www.ech.org/Health-Centers/Elizabethtown
Elizabethtown Community Hospital	University of Vermont Health Network	518-873-6377 www.ech.org
Veterans Administration	Veteran's Medical Clinic Mental Health Care	518-626-5236 518-626-5398 www.va.gov
Eye Care for the Adirondacks	Saranac Lake & Plattsburgh	518-891-8412 Saranac Lake 51-566-2020 Plattsburgh eyecareadk.com/
Placid Audiology	Hearing Services	518-523-0090 www.placidaudiology.com/
High Peaks Hospice	End of Life Options	518-891-0606 www.highpeakshospice.org
OTHER MEDICAL		
St. Joseph's Addiction Treatment	Alcohol and Drug Dependence	518-354-5390 or 877-813-8647 www.stjoestreatment.org
AA – Alcoholics Anonymous	Alcohol and Drug Dependence	518-561-8444 www.ny-aa.org
Al-Anon	Families of Affected Persons	518-561-0838 www.nyafg.com
DENTAL		
Dr. Kevin O'Keefe	Elizabethtown	518-873-6324
Jensen Rosalynd	Elizabethtown	518-873-3221

David J. Balestrini	Lake Placid	518-523-2406
Adirondack Health Dental Care	Lake Placid	5518-523-1122
Mountain Dental	Lake Placid	518-302-5502
Lake Placid Oral Surgery	Lake Placid	518-837-5019
AuSable Dental Center	AuSable Forks	518-647-5150 518-647-4532
Stephen G. Davis	Jay	518-946-7796
Stephen G. Davis	Lake Placid	518-523-3311
GROCERY STORES (full-service)		
Valley Grocery	Keene Valley	518-576-4477 tinyurl.com/35ee8wfb
TOPS Friendly Market	Elizabethtown	518-873-6589 www.topsmarkets.com/WeeklyAd/Store/710/
Hannaford	Lake Placid	518-523-3279 www.hannaford.com/locations/lake-placid-hannaford-21143
Price Chopper	Lake Placid	518-523-2790 www.pricechopper.com/stores/ny/lakeplacid
Green Goddess	Lake Placid	518-523-4676 www.greengoddessfoods.com
OTHER MARKETS		
Rivermede Farm Market	Farm to Market	518-576-2021 www.facebook.com/rivermede
Cedar Run Bakery & Market	Bakery and Market	518-576-9929 cedarrunbakery.com
Craigarden	Farm to Market	518) 242-6535 www.craigardan.org
East Branch Organics	Craft Beer and Wine	518-576-9043 www.eastbranchorganics.com

AuSable Inn	Liquor Store	518-576-9584 www.facebook.com/AuSable-Inn-142842692427900/
Stewarts Shops	Convenience Store, Gas & Chargers	(518) 576-2056 www.stewartsshops.com
FOODBANKS AND PANTRIES		
Keene Valley Food Pantry	Emergency Food	Vinnie McClelland 518-441-7654 Nancy Both 518-524-7946
Lake Placid Food Pantry	Lake Placid Ecumenical Food Pantry	518-523-9620
Community Food Shelf (Elizabethtown)	Community Food Shelf	717-361-8149
VETERINARY SERVICES		
ADK Veterinary Hospital - Westport	Veterinary Services	518-962-4311 www.adkvets.com
Lake Placid Animal Hospital	Veterinary Services	518-523-7319 www.lakeplacidanimalhospital.com
Elmbrook Veterinary Services - Ausable	Veterinary Services	518-647-2115 www.facebook.com/Elmbrook-Veterinary-Services-113573690278842/
VCA High Peaks Animal Hospital	Ray Brook	518-891-4410 www.vcahospitals.com
OTHER ANIMAL RESOURCES		
North Country SPCA	Animal Care, Adoption, Rescue	518-873-5000 www.ncspca.org/
Tri-Lakes Humane Society	Animal Care, Adoption, Rescue	518-891-0017 www.trilakeshumanesociety.org
SENIOR HOUSING		
Keene Valley Neighborhood House	Assisted Living	518-576-4474

		www.kvnh.today
Uihlein - Elderwood – Lake Placid	Subacute Rehabilitation Services	518-523-2464 www.elderwood.com/locations/elderwood-of-uhlein-at-lake-placid
Champlain Valley Senior Community - Willsboro	Assisted Living and Memory Care	518-817-9108 https://tinyurl.com/2np3pthk
Saranac Village at Will Rogers	Senior Apartments and Supportive Services	518-519-3714 https://saranacvillage.com/?utm_source=Google&utm_medium=Yext
Essex Center Elizabethtown	Rehabilitation and Skilled Nursing	518-873-3570 http://centershealthcare.com/essex_center
HOUSING ASSISTANCE		
NYS Mortgage Assistance Program	Mortgage Assistance	646-786-0888 www.nysmap.org
Coalition for the Homeless in the North Country	Homelessness Assistance and Related Services	518-489-4130 info@caresny.org www.caresny.org
Samaritan House	Saranac Lake	518-897-5005 http://slecumenical.weebly.com/housing.html
LOCAL TRANSPORTATION		
Essex County Bus Service	Bus Schedule for Essex County	800-914-9266 https://essexcountyny.gov/transportation
Trailways	Bus Line – Keene Valley Stop	800-858-8555 trailways.com/bus-station/lake-placid-e-ny
Amtrak	Train - Westport	800-872-7245 www.amtrak.com/home
FUNERAL HOMES		
Heald Funeral Home	Elizabethtown	518-873-6713 www.healdfuneralhomeinc.com

Heidrick-Zaumetzer Funeral Home	Ausable Forks	518-647-8177 www.hzfuneralhome.com
M.B. Clark, Inc	Lake Placid	518-523-3337 www.mbclarkfuneralhome.com
GALLERIES		
Keene Arts	Keene	914-309-7095 www.keenearts.com/
Corscaden Barn	Keene Valley	518-576-9850 https://nextdoor.com/pages/corscaden-barn-gallery-keene-valley-ny/
Vertical Perspectives Photography	Keene	518-569-9881 www.verticalperspectivesphotography.com
Hudson Art - (Dart Brook)	Keene	518-586-6095 www.hudsonartcenter.com
BANKING		
Champlain National Bank	Banking services	518-576-9515 www.champlainbank.com
LIBRARIES		
Keene Valley Library Association		518-576-4335 www.keenevalleylibrary.org
Keene Public Library		518-576-2200 https://cefls.org/libraries/keene
MUSEUMS		
ADK History Museum	Elizabethtown	518-873-6466 www.adkhistorycenter.org
John Brown Farm (Lake Placid) State Historic Site	History and Legacy of the Abolitionist	518-523-3900 parks.ny.gov/historic-sites/29/details.aspx
North Star Underground Railroad	Near Keeseville (Ausable Chasm)	518-834-5180

Museum		https://northcountryundergroundrailroad.com/museum.php
Winter Olympic Museum	1980 Winter Olympics – Lake Placid	518-523-1655 www.lpom.org
North Elba Historical Society	Lake Placid	518-523-3830 www.lakeplacidhistory.com
INTERNET SERVICE PROVIDERS		
SLIC/KVVI	Keene Valley Internet and TV Cable	877-754-2266 518-576-4510 www.kvvi.net
Verizon	Phone and Internet	800-504-7730 https://tinyurl.com/yc6nn8kx
Hughesnet	Internet	877-514-5990 https://tinyurl.com/bdz2vf6b
Starlink	Internet	www.starlink.com
ESSEX COUNTY RESOURCES		
Essex County Government	Court, taxes, health, DMV, Sheriff, mentalhealth, social services, probation, County Clerk	518-873-3350 https://essexcountyny.gov/
Essex County Health Dept.	Home Health, Family Health, Children's Services	518-873-3500 www.co.essex.ny.us/Health
Essex County Mental Health Services	Counseling and Support	518-873-3670 888-854-3773 (After Hours) www.co.essex.ny.us/MentalHealth.asp
Board of Elections - Democrat	Elizabethtown	518-873-3475
Board of Elections - Republican	Elizabethtown	518-873-3476
Children and Family Services	HEAP, Medicaid, SNAP, Temporary Assistance	518-873-3441 www.co.essex.ny.us/Health/childrens-services
Essex County Office for the Aging	Services and Assistance for Seniors	518-873-3695 www.aging.ny.gov/location/essex-county-office-aging

Elder Nutrition Program	Support and Meals	518-873-6457 www.acapinc.org/programs1/aging-services
Adult Protective Services	Report Abuse and Assistance	518-873-3815 www.co.essex.ny.us
Elder Abuse	Report Elder Abuse (8 AM – 8 PM)	844-697-3505
HEAP	Essex County Heating Assistance	518-873-3878 www.ny.gov/services/apply-heating-and-cooling-assistance-heap
Meals on Wheels	Food Delivery	518-873-3695 www.essexcountyny.gov/office-for-the-aging
NAMI – National Alliance on Mental Illness	Mental Health Support Services	800-950-6264 or Text 988 www.nami.org
Cornell Cooperative Extension	Agriculture, Food, Family Health	518-962-4810 https://essex.cce.cornell.edu/
OTHER RESOURCES		
Social Security Administration	Social Security	800-772-1213 www.ssa.gov
Alzheimer’s Caregiver Support Initiative	Support line	800-388-0199 www.wehelpcaregivers.com
Medicare	Assistance	800-633-4227 www.medicare.gov
FITNESS CENTERS		
Keene Fitness	Keene Valley	518-576-2500 www.keenefitness.com
ADK Health Fitness Center & Pool	Lake Placid	518-523-8521 www.ahmedicalfitness.org
MEDIA		
Adirondack Enterprise	Local and Regional Newspaper	518-891-2756 https://www.adirondackdailyenterprise.com/

Lake Placid News	Local and Regional Newspaper	518-891-2600 www.lakeplacidnews.com
Sun Community News	Local and Regional Newspaper	518-873-6368 www.suncommunitynews.com
NCPR	North Country Public Radio 96.3	877-388-6277 315-229-5356 www.northcountrypublicradio.org
SENIOR VOLUNTEERING - LOCAL		
ADK Garden Club	Gardening	www.adkgardenclub.com
Literacy Volunteers	Literacy Mentoring	518-564-5332 https://www.lvcef.org/
Mercy Care for the Adirondacks	Friendly Visiting and Assistance with Errands, Transportation	518-523-5580 http://www.adkmercy.org/
RSVP	Senior Volunteer Opportunities	518-359-7688 https://tinyurl.com/nn3vj8pc
East Branch Friends of the Arts	Support and Promotion of the Arts	www.eastbranchfriendsofthearts.com
Keene Valley Library Association	Volunteer Opportunities	518-576-4335 www.keenevalleylibrary.org
Ausable River Association	Watershed Advocacy	518 637-6859 www.ausableriver.org