



**LEGEND**

- TRANSITION AREA
- START LINE
- FINISH LINE
- 1<sup>ST</sup> LOOP MILE MARKERS
- 2<sup>ND</sup> LOOP MILE MARKERS
- WATER/AID STATION
- GATORADE ENDURANCE STATION
- MAURTEN STATION
- U-TURN
- PERSONAL NEEDS
- BEGIN 2<sup>ND</sup> LOOP

## TURN BY TURN DIRECTIONS

- Exit transition crossing right on School St. to Colden Ave.
  - Left at the bottom of the hill on Mill Pond Dr.
  - Right on Sentinel Rd/lower Main St. (HWY 73)
    - Follow Rt 73 toward/past the ski jumps.
- Turn right at the Mt. Van Hoevenberg Olympic Sports Complex, turn around and return to Rt 73.
  - Proceed on Route 73 past Cascade Lakes and the long downhill into Keene.
    - Turn left on HWY 9N in Keene,
  - North on HWY 9N to Upper Jay, turning right to stay on 9N towards Jay
    - In the town of Jay, turn left on Rt 86 towards Wilmington
  - Just before the town of Wilmington proper, turn right on Bilhuber Rd.
    - At the end of Bilhuber Rd, turn right on Haselton Rd.
- Travel near the end of Haselton Rd (approximately 5 miles) and turn around before the Black Brook town line
- Travel on Haselton Rd (approximately 7 miles) to the intersection of Rt 86, turn right.
- Turn left to stay on HWY 86 at Bonnieview Rd in Wilmington towards Lake Placid.
  - At the top of Poppa Bear, continue straight on Rt 86/Wilmington Rd.
- Turn around prior to the Rt 86 (Wilmington Rd)/Rt 73 (Main St.) intersection.
  - Turn left on Northwood Rd.
    - Left on Lake Placid Club Dr. (Mirror Lake Dr.)
      - Right turn on Parkside Dr.
        - Left on Main St.
        - Right on Cummins Rd.
          - Bike Special Needs area is on Cummins Rd.
        - Left on Lake Placid High School access drive.
          - Repeat loop
- After second loop, enter transition from behind the high school.

Start Elevation: 1,818 ft ▪ Finishing Elevation: 1,818 ft ▪ Gain: 4,182 ft

